

Dental Clinic Cleaning Checklist

27-Point OSHA & CDC Compliance Guide for US Dental Practices

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60%

of patients won't return after a dirty visit

\$50K+

avg OSHA fine for non-compliance

3x

more likely to get referrals with clean clinic

1 in 4

dental clinics fail cleaning audits

How to use this checklist: Print and post in your cleaning area. Have your cleaning staff check off each item after completion. A signed copy should be kept on file — it demonstrates compliance during OSHA inspections and builds patient trust.

DAILY CLEANING TASKS

0 **Disinfect all treatment chairs, armrests, and headrests between each patient** CRITICAL

1 *Use EPA-registered disinfectant — contact time matters*

0 **Clean and disinfect dental unit water lines at start and end of day** CRITICAL

2 *Flush 20-30 seconds before first patient*

0 **Wipe down countertops, light handles, and bracket tables**

3 *After each patient — use barrier protection where possible*

0 **Clean and disinfect X-ray equipment (sensor, cone, positioning device)**

4 *Covers or disinfection between patients*

0 **Empty and disinfect all waste containers** CRITICAL

5 *Separate sharps, biohazard, and regular waste properly*

0 **Clean and sanitize restrooms — touchpoints, floors, fixtures**

6 *At least twice daily in busy practices*

0 **Mop all hard floors with disinfectant solution**

7 *Treatment rooms, hallways, reception*

0 **Clean reception desk, door handles, and waiting room surfaces**

8 *High-touch areas every 2-3 hours*

0 **Restock hand sanitizers, soap dispensers, and paper towels**

9 *Check all dispensers — never let them run empty*

WEEKLY DEEP CLEANING TASKS

- 1
0 [] Deep clean dental chairs — all crevices, adjustment mechanisms, bases
Use appropriate disinfectant — check manufacturer guidelines
- 1
1 [] Clean and disinfect cabinetry — inside and outside of all drawers
Remove items, wipe surfaces, check for expired supplies
- 1
2 [] Disinfect all light switches, electrical panels, and thermostat controls
Often missed — inspect carefully
- 1
3 [] Clean computer equipment, keyboards, monitors, and reception tech
Use appropriate electronics-safe cleaner
- 1
4 [] **Scrub and disinfect sinks — faucets, handles, drain areas CRITICAL**
Include sterilization room sinks
- 1
5 [] Clean windows, glass surfaces, and mirrors
Interior and exterior if accessible
- 1
6 [] Vacuum and clean upholstered waiting room furniture
Check for stains — treat immediately
- 1
7 [] **Clean sterilization area — autoclave exterior, shelves, counters CRITICAL**
Interior autoclave cleaning per manufacturer schedule
- 1
8 [] Inspect and clean ceiling vents and air return grilles
Dust buildup affects air quality — critical for patient comfort

MONTHLY MAINTENANCE TASKS

- 1
9 [] Deep clean baseboards, door frames, and wall surfaces
Inspect for scuff marks, stains, and damage
- 2
0 [] Clean behind and under dental chairs and heavy equipment
Move units safely — check for debris and spills
- 2
1 [] **Inspect and clean all grout lines in tiled areas CRITICAL**
Use grout cleaner — mold prevention is critical
- 2
2 [] Clean and organize supply storage rooms and cabinets
Check expiry dates on all cleaning products
- 2
3 [] Deep clean break room — refrigerator, microwave, coffee area
Staff areas often overlooked — affects morale and hygiene
- 2
4 [] Inspect all cleaning equipment — mops, vacuums, spray bottles
Replace worn equipment — ineffective tools increase risk

- 2 [] Review and replenish all cleaning supply inventory
- 5 [] *Never run out of critical disinfectants mid-month*

COMPLIANCE & DOCUMENTATION

- 2 [] **Maintain signed cleaning log — date, tasks completed, staff signature** CRITICAL
- 6 [] *Keep on file minimum 3 years — required during OSHA inspection*
- 2 [] **Ensure all cleaning staff have reviewed OSHA Bloodborne Pathogen training** CRITICAL
- 7 [] *Annual training required — document completion dates*

COMPLETED BY: _____

DATE: _____

VERIFIED BY: _____

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This checklist references OSHA Standard 29 CFR 1910.1030 (Bloodborne Pathogens) and CDC Guidelines for Infection Control in Dental Health-Care Settings. It is intended as a practical reference guide, not legal or regulatory advice. Consult your state dental board for jurisdiction-specific requirements. © 2025 SalesMeetAI.com — Free to use and distribute for dental practices.